Optimal Health Chiropractic

Your Rights

Civil rights are personal rights guaranteed and protected by the U.S. Constitution and federal laws enacted by Congress, such as the Civil Rights Act of 1964 and the Americans with Disabilities Act of 1990. Civil rights include protection from unlawful discrimination. Under these laws, all persons in the United States have a right to receive health care and human services in a nondiscriminatory manner.

Our Non-Discrimination Statement

Optimal Health Chiropractic complies with applicable Federal civil rights laws and does not discriminate on the basis of race, color, national origin, age, disability, or sex. This practice does not exclude people or treat them differently because of race, color, national origin, age disability, or sex. This practice:

- Provides information to patients in plain language and in a manner that is accessible and timely.
- Provides free services to people with disabilities to communicate effectively with us, including auxiliary aids.
- Provides free language assistance services to people whose primary language is not English.

If you need these services, contact our Practice's Compliance Officer, Melissa Maveus.

If you believe that Optimal Health Chiropractic has failed to provide these services or discriminated in another way on the basis of race, color, national origin, age, disability, or sex, you can file a grievance with our Compliance Officer. You can file a grievance in person or by mail, or fax.

2575 Old Glory Rd, Suite 400, Clemmons, NC 27012 336-712-4100 Office 336-712-4144 Fax

If you need help filing a grievance our Compliance Officer is available to help you. You can also file a civil rights complaint with the U.S. Department of Health and Human Services, Office for Civil Rights, electronically through the Office for Civil Rights Complaint Portal, available at <u>https://ocrportal.hhs.gov/ocr/portal/lobby.jsf</u>, or by mail or phone at:

U.S. Department of Health and Human Services 200 Independence Avenue, SW Room 509F, HHH Building Washington, D.C. 20201 1-800-368-1019, 800-537-7697 (TDD)

Complaint forms are available at http://www.hhs.gov/ocr/office/file/index.html.